

How to learn French – learning vocabularies to learn French?

What are the disadvantages of cramming vocabularies? There are a lot! One alternative is the Birkenbihl Approach. Check out the different advantages of this method in this article.

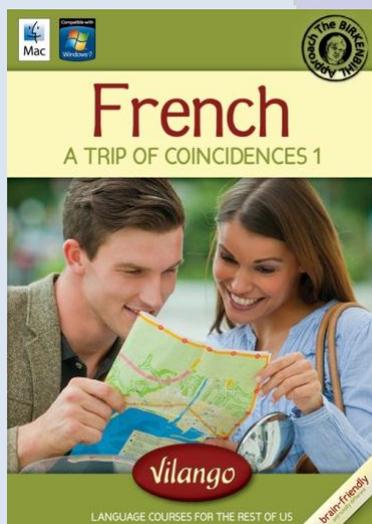
If you want to read more about the Birkenbihl Method, visit this site:

[How to learn French](#)

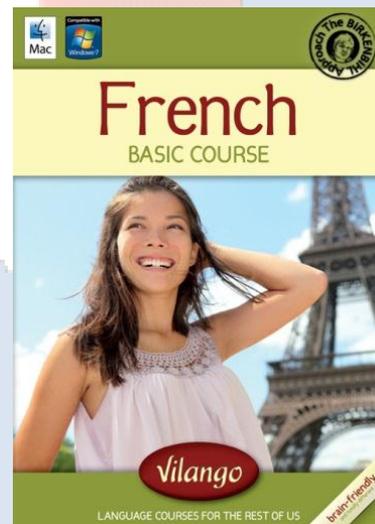
Learn French by cramming vocabularies or learn French with the special Birkenbihl Approach?

French is the language of love. It sounds just great, romantic, intelligent... French is simply a beautiful language. And of course having French skills is appreciated in today's society. But the question is: [How to learn French?](#)

Various methods exist to [learn a new language](#). But which one is appropriate for you? This is a difficult question and answering needs a lot of research. This article presents two [language learning techniques](#). The first method is learning as many vocabularies as possible by hard in order to have a profound treasury of words. The other technique is the Birkenbihl Approach, a [language learning technique](#) that is based on the subconscious to [learn a new language](#). These two techniques are discussed and advantages and disadvantages are demonstrated.



Vilango



1. Cramming vocabularies to gain a profound word pool

Learning vocabularies is a quite old [method to learn a language](#). Most of the people have already learned vocabularies by hard at some point in their life. But is it really effective?

Let 's think about it for a minute. Here some of the advantages and disadvantages are shown.

Indeed, the learner has an intense knowledge of words in French. However, how worthy is this knowledge? Usually, vocabularies are learned by hard. Therefore, the learner gains no insight into the possible use of the words or phrases. This is often the reason why the learner does not know how to use the word when he/she tries to speak French, as words are mostly used for different situation. Furthermore, the learner may not be able to recognize the learned vocabulary in another context.

Moreover, vocabularies are learned although the learner has never heard the words before. How should the learner know how to pronounce the French words? The learner does certainly not know how. For this reason, false pronunciation is trained which can be relearned difficultly.

Another disadvantage of cramming vocabularies is that the method is boring for the learner. Additionally, it takes a lot of time to finally remember all the words. However, words are not remembered for a long time, unless used over and over again, as this method sustainable.

Having read all these disadvantages, why do most French teachers still rely on learning vocabularies as a means to getting to know the language?

There are several other [ways to learn French](#). One of this alternatives is the famous Birkenbihl Approach.

2. Using the Birkenbihl Approach to learn French

This [language learning approach](#) is far better than simply learning vocabularies. As already mentioned above, the technique is based on the subconscious. Cramming vocabularies is not necessary any more. Indeed, it is even forbidden. Furthermore, [learning grammar](#) is also not necessary, as key grammar points are learned automatically during the learning process. However, learning grammar rules additionally is certainly beneficial.

The learning process according to the Birkenbihl Approach is divided into four stages:

- **De-coding the foreign text.** De-coding is the word-by-word translation into the mother tongue. In this first stage the learner translates the French text word-for-word into the mother tongue. The outcome of the translation may not make sense any more after translation, as grammar is not factored in. However, this should be like that. A word-for-word translation ensures that the learner studies vocabularies in a way that he/she can reproduce and apply it in different contexts. One disadvantage of the “old” cramming of vocabularies as a [language learning technique](#) is that the learner is not capable of recognizing not to mention deploying the words or phrases in another context. This problem can be overcome with the Birkenbihl Approach. In order to save some time for the other phases, the text of the Birkenbihl products is already de-coded in German or English.
- **Listen actively to the French text.** The second phase is Active Listening. While the learner listens to a French native speaker who reads out the text, he/she reads the de-coded text into the mother tongue simultaneously. Thereby, vocabularies are learned automatically. If the learner does not want to buy a Birkenbihl [language program](#), he/she might find a native speaker to record the text. It is crucial that a French native speaker reads the French text, as the learner

should be exposed to the correct pronunciation. If you cannot find any Russian person who records the text for you, you could for example also use a recorded text you found online, a CD, or a part of a radio program.

- **Listen passively to the French text.** This means listening to the text while doing other things. For instance, you could listen to the text while you sleep, during the ride to your work, while playing with your children... There are many possibilities to learn French by simply listening. The learner does not need to take any time for learning, as this part of the Birkenbihl technique is done while doing other things. It is crucial that the text is loud enough to hear it, but quite enough not to be disturbed in doing the main task. This stage prepares the learner to [speak French](#) afterwards.
- **Activities to practice your French skills.** In order to strengthen and [enhance your French](#), it is crucial to practice these newly gained skills. You could for example de-code another text, listen to French radio, read French texts, watch French movies, go on vacation to French or visit a French restaurant. Possibilities are limitless.

All in all, there are clearly more [advantages of learning French](#) with the Birkenbihl Approach than mainly learning French by studying vocabulary lists. The Birkenbihl Approach is a sustainable way of [learning French](#), the learner will sound almost like a native speaker and, most importantly, [learning French](#) makes fun!

Gain detailed knowledge of [how to learn French](#)! If you are interested in reading more about the Birkenbihl Approach, visit the Website and start [learning a new language now](#).

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